

HOMEMADE HAND SANITIZER

Yield 4 ounces

Ingredients

- 5-10 drops lavender essential oil
- 30 drops tea tree essential oil
- 3 ounces high-proof vodka (Everclear works well), or rubbing alcohol can be substituted
- 1 ounce pure aloe vera gel
- ¼ teaspoon [Vitamin E oil](#) (helps soften hands!)

Instructions

1. Add essential oils and Vitamin E oil to a small glass bowl or container and swirl to mix.
2. Add alcohol to the oils and swirl again.
3. Combine this mixture with the aloe vera gel and mix well.
4. Shake gently before each use. (*Sanitizer should last several months with the addition of Vitamin E and alcohol to help preserve.*)

Note: To make a hand sanitizer **spray**, simply use witch hazel instead of aloe vera gel in this recipe.

HOUSEHOLD DISINFECTANT

For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.

Diluted household bleach solutions can be used if appropriate for the surface. Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired household bleach will be effective against coronaviruses when properly diluted.

Prepare a bleach solution by mixing:

- 5 tablespoons (1/3rd cup) bleach per gallon of water or
- 4 teaspoons bleach per quart of water

Add solution to a spray bottle and use to clean and disinfect surfaces.

