

Senior Hour Locations During COVID-19

Residents if you need resource information or have additional questions regarding COVID-19, please call a Resource Navigator at (832) 927- 4955.

The Food Town stores in the Houston Area are allowing seniors their own shopping hour. Seniors 65+ can shop from 7:00 am – 8:00 am in a less crowded environment. Access to the stores will require a government-issued ID or Texas driver's license.

Costco Special Operating Hours: Exclusively for members who are over 60 years of age or have physical disabilities. Monday – Friday 8:00 am – 9:00 am.

Luby's: Senior Hour 10:00 am – 11:00 am every day. Ages 55+. Luby's will open one hour earlier to invite seniors to either call ahead, order online, drive thru at select locations, or choose their meal in store for carryout. The Senior Luann will be available for purchase.

Walgreens: Senior day is every Tuesday for those 55+. Seniors can enjoy discounts up to 30% off in store or online. Seniors only time is on Tuesday from 8:00 am – 9:00 am.

H-E-B, in partnership with Favor Delivery, will launch a simple, low-cost solution that gives seniors access to their very own personal shopper by phone, allowing them to get essential food and supplies delivered to them, while remaining in the comfort and safety of their home. Beginning on Friday, March 20, seniors age 60 and older, will be able to place orders with Favor using a curated list of products available from H-E-B.

H-E-B and Favor will staff its Senior Support phone line with volunteers from both companies to accept and process orders over the phone from 9 a.m. to 1 p.m., seven days a week. To access the Senior Support Line, call 1-833-397-0080. Seniors can also place their orders on Favor's website, or by downloading the Favor app and searching for "H-E-B."

Dollar General will reserve its first hour each day for senior shoppers at its 16,000 stores.

Target has announced reduced store hours so they can keep items stocked. They are also devoting the first hour of every Wednesday to their most vulnerable shoppers. Details here.

Walmart: Every Tuesday, starting March 24 through April 28, Walmart will host an hour-long shopping event an hour from 6 am – 7 am dedicated solely for people age 60 and older. Store pharmacies and vision centers will be open during this time, too.

Whole Foods: Most stores open at 7 a.m. or 8 a.m. depending on location (check company website for hours). On Wednesday, Seniors 60 and older can shop an hour before the store is open to the public.